

The Cardinal Rules of Baseball

The Book of Unwritten Baseball Rules

1. Never put the tying or go-ahead run on base.
2. Play for the tie at home, go for the victory on the road.
3. Don't hit and run with an 0-2 count.
4. Don't play the infield in early in the game.
5. Never make the first or third out at third base.
6. Don't steal when you're well ahead of your opponent.
7. Don't bunt for a hit when you need a sacrifice.
8. Left and right fielders concede everything to the center fielder.
9. Never give up a hit on an 0-2 count.
10. Never let the score influence the way you play.
11. Don't go against the percentages.
12. Take a strike when your club is behind in a ballgame.
13. Leadoff hitter must be a base stealer. Designated hitter must be a power hitter.
14. Never give an intentional walk if first base is occupied.
15. With runners in scoring position and first base open, walk the number eight hitter to get to the pitcher.
16. In a rundown situation, try to make one throw.
17. If you play for one run, that's all you'll get.
18. Don't bunt with a power hitter up.
19. Don't take the bat out of your best hitter's hands by sacrificing in front of him.
20. Only use your bullpen stopper in late-inning situations.
21. Don't use your stopper in a tie game - only when you're ahead.
22. Hit behind the runner at first.
23. If one of your players gets knocked down or hit by a pitch, retaliate.
24. When retaliating, do not throw above the shoulders.
25. Hit the ball where it's pitched.
26. A manager should remain detached from his players.
27. Never mention a no-hitter while it's in progress.
28. With a right-hander on the mound, don't walk a right-handed hitter to pitch to a left-handed hitter.
29. Don't swing with 3 balls and no strikes.
30. Guard the lines late in games with a one-run lead.
31. Don't spend excessive time watching or celebrating home runs, act like you've done it before.
32. Never bunt for a hit late in the game, when a no-hitter/perfect game is possible.
33. Hind sight is 20-20.
34. What goes on in the clubhouse, stays in the clubhouse.
35. What goes on after-hours, stays in the clubhouse, too.
36. Sacrifice individual glory for the good of the team.
37. Peek in for signs at your own risk.
38. Do not whine if you get caught cheating.
39. Above all else, respect the game.



Punishable Cardinal Sins of Baseball (Timed Triangles)

1. Missing a cut off man
2. Not blocking a wild pitch
3. Missing a base while running
4. Not backing up a play
5. Missing a signal on offense or defense
6. Come up on a ground ball
7. Striking out looking
8. Getting picked off
9. Throwing to the wrong base
10. Walking a batter with a 0-2 count
11. Walking the lead of hitter of an inning
12. Popping up a sacrifice bunt
13. Being thrown out at third with two outs
14. A balk with a runner on base
15. Swinging at the first pitch after four straight balls
16. Not getting off the mound to back up
17. No communication on defense
18. Not knowing the count
19. Not knowing the number of outs
20. Not picking up your glove partner
21. Missing or wrong gear
22. Late or missing from practice
23. Lack of hustle
24. Thrown equipment
25. Any ejection from a game or practice
26. Not taking one for the team
27. Not hustling back to dugout after K

